

Overview of the Workshops

God and Guru

- Worksheet 1 - Guru Nanak Dev Ji
- Worksheet 2 - The Gurus and the Khalsa
- Worksheet 3- Shabad Guru
- Worksheet 4 – Prayer and the Shri Guru Granth Sahib Ji
- Worksheet 5 – Martyrdom of Guru Tegh Bahadur Sahib Ji

Sikh Philosophy

- Worksheet 6 - The Purpose of Religion
- Worksheet 7 – Life after Death
- Worksheet 8 – The Saint Soldier Concept
- Worksheet 9 – Creation Theories

Dharmic Lifestyle

- Worksheet 10 - Marriage and Relationships
- Worksheet 11 - Sangat and Pangat
- Worksheet 12 – Why so much Fuss about Meat?
- Worksheet 13 – Staying Healthy
- Worksheet 14 – Environmental Issues and Sikhism
- Worksheet 15 – Five K's
- Worksheet 16 – Smoking and Alcohol
- Worksheet 17 – Giving to Charity

Other Workshops

- Worksheet 18 – Sikhs and Diwali
- Worksheet 19 – Diversity within the Sikh Community
- Worksheet 20 – The Significance of our Dreams
- Worksheet 21 – Animal Testing
- Worksheet 22 – Cloning, Genetic Engineering, GM and Nano Foods
- Worksheet 23 – Current and Future Gurdawara Structures