

Worksheet 15 – Five K's

Basics

1. Which Guru prescribed the wearing of the five K's?
2. What are the five K's?

Kirpan

3. What is the symbolic meaning of the Kirpan (sword)?
4. What are the 2 functions of the Kirpan (sword)?

Kara

5. What are the symbolic meanings of the Kara (steel ring)?
6. What are the functions of the Kara (steel ring)?

Khanga

7. What are the symbolic meanings of the Kangha (comb)?
8. What is the function of the Khanga (comb)?

Kachera

9. What is the symbolic meaning of the Kachera (shorts)?
10. What is the function of the Kachera (shorts)?

Symbolism in Sikhism

11. Guru Nanak rejected the wearing of the Janeau (sacred thread). Why did he do this? Can a Sikh also reject the wearing of the 5K's using similar reasoning?

Hair

12. Which Guru prescribed keeping of (Kesh) hair?
13. What is the historical significance of hair?
14. What is the single most important reason for a Sikh keeping hair?
15. What is the psychological function of hair?
16. What are the physical (biological) functions of hair?
17. What is the spiritual function of hair?
18. What is the psychic function of hair?
19. What is the ornamental function of hair?
20. What is the special significance or meaning of hair for Sikhs?

Turban

21. What is a turban?
22. What are the symbolic meanings of a turban?
23. What are the functions of a turban?

Attitudes towards symbolism in Sikhism and the 5K's

24. What is the correct attitude towards the 5K's that a Sikh should adopt with regards to attachment?
25. Can the 5K's provide spiritual enlightenment?